



MI Paste™

MI Paste fights demineralization while improving saliva flow, boosting fluoride uptake and soothing sensitive surfaces. The first professional product to contain RECALDENT™ (CPP-ACP), a special milk-derived protein, MI Paste:

- Restores minerals that strengthen tooth enamel
- Reduces sensitivity from post-whitening procedures
- Reduces high oral acid levels from excessive soft drinks
- Relieves dry mouth caused by certain medications
- Buffers plaque and bacteria acid

Use this chart as a guide for addressing specific patient indications. For more information, call 1.800.323.7063 or visit www.gcamerica.com.



Case	When to Apply MI Paste*	FL Toothpaste (ppm) 1-2 Times Daily	MI Paste Applications Per Day	Duration	MI Paste Application (Finger: rub pea-sized amount on all teeth***)
Bleaching	Before & after treatment	1000 ppm fluoride toothpaste	1-2 applications of MI Paste after fluoride toothpaste, depending on severity of hypersensitivity (wait 1 hour before applying home bleach at night)	Several days or up to 2 weeks, depending upon severity of hypersensitivity	Finger or custom tray
Children & Adults (moderate to high caries risk)	Daily <i>Note: Children should not use if IgE casein-allergic*</i>	1000 ppm fluoride toothpaste	1-2 applications of MI Paste after fluoride toothpaste	As needed to prevent demineralization	Finger or custom tray
Orthodontic Treatment	During treatment. Post treatment: After bands are removed	1000 ppm fluoride toothpaste	1-2 applications of MI Paste after fluoride toothpaste <i>Note: May use remineralization technique during post treatment (see MI Paste brochure)</i>	As needed to prevent demineralization	During treatment: Finger, brush or custom tray. Rub MI Paste around brackets/bands and directly onto demineralized areas. Post treatment: Finger or custom tray
Gingival Recession	Daily	Apply 1000 or 5000 ppm** fluoride toothpaste 2X daily (morning and night). After evening application, apply MI Paste prior to/at bedtime.	1-2 applications of MI Paste after fluoride toothpaste**	As needed/ongoing for hypersensitivity on exposed root surfaces and demineralized area	Finger or custom tray
Pregnancy (especially if nauseated or vomiting)	During pregnancy	1000 ppm fluoride toothpaste	1-2 applications of MI Paste after fluoride toothpaste. If nauseated, apply MI Paste in place of fluoride toothpaste.	As needed; may help with minimizing erosion	Finger or custom tray
Excessive Tooth Erosion	Daily	1000 or 5000 ppm** fluoride toothpaste	1-2 applications of MI Paste after fluoride toothpaste**	As needed	Finger or custom tray

High Caries Risk and Special Needs Patients (may need to also use an antimicrobial rinse/spray and other saliva stimulants/substitutes)

Xerostomia and/or SGH (all medical and autoimmune conditions)	Daily	1000 or 5000 ppm** fluoride toothpaste	Apply MI Paste after fluoride toothpaste and as needed during the day, especially prior to/at bedtime for dry mouth**	Ongoing as needed	Apply MI Paste with finger all over teeth and oral soft tissue as a lubricant and salivary enhancer. Can also use custom tray if needed.
Radiation/Chemotherapy	Daily (pre-, during and post treatment)	1000 or 5000 ppm** fluoride toothpaste	Apply MI Paste after fluoride toothpaste and as needed during the day, especially prior to/at bedtime for dry mouth**	Ongoing as needed	Apply MI Paste with finger all over teeth and oral soft tissue as a lubricant and salivary enhancer. Can also use custom tray if needed.
'Meth' Mouth and/or Mountain Dew Mouth	Daily	1000 or 5000 ppm** fluoride toothpaste	Apply MI Paste after fluoride toothpaste and prior to/at bedtime**	Ongoing as needed	Apply MI Paste with finger all over teeth and oral soft tissue as a lubricant and salivary enhancer. Can also use custom tray if needed.

Note: Do not use antimicrobial rinses (such as chlorhexidine gluconate or CPC) within 2 hours of fluoride toothpaste containing sodium lauryl sulfate.

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* MI Paste contains casein (milk protein) and should not be used if patients have an IgE casein allergy. MI Paste does not contain lactose and is safe for lactose-intolerant patients. Contact a physician if recommending for a renal dialysis patient.

** Do NOT mix MI Paste together with 5000 ppm fluoride toothpaste or gel because it may precipitate out as CaF₂. Brush with toothpaste and then apply MI Paste afterwards.

*** MI Paste requires a thick application and needs to sit on the teeth for at least 3 minutes. Do not rinse after applying MI Paste. MI Paste can be used as a prophylaxis paste, especially in patients with a dry mouth. MI Paste should not be brushed on like toothpaste with a toothbrush, since it requires a thick layer, except in active banded orthodontic patients. If a patient chews gum, advise them to use Trident White® Gum with RECALDENT™ (CPP-ACP). Patients can use both MI Paste and Trident White® Gum, especially if they have a dry mouth.