1. Clean and rinse the post space, then thoroughly dry using paper points. Do not use H2O2 and/or EDTA to chemically clean the post space.

2. When more adhesion is needed, apply G-CEM ONE ADHESIVE ENHANCING PRIMER, wait 10 seconds, and dry with MAXIMUM air pressure until the primer solution does not come out of the root canal entrance anymore. Remove excess primer solution with paper points.

3. Prepare the post/core according to the manufacturer’s instructions.

4. Extrude the material directly into the post space. Insert the post immediately into the post space within 1 minute after cement application.

5. Continue to maintain moderate pressure making sure the post remains in place and remove excess cement.

6. While maintaining moderate pressure, light cure all surfaces / margins.

7. Let the material set for 4 minutes.

Irradiation time

- High power LED (more than 1200 mW/cm²): 10 seconds
- Halogen / LED (700-1200 mW/cm²): 20 seconds
1. Clean, rinse and thoroughly dry the prepared tooth.

2. When more adhesion is needed, apply G-CEM ONE ADHESIVE ENHANCING PRIMER, wait 10 seconds, and dry with MAXIMUM air pressure for 5 seconds to prevent liquid pooling in the gingival sulcus.

3. Prepare the restoration according to the manufacturer’s instructions.

4. Place the mixing tip and extrude the material directly into the restoration.

5. Seat immediately and maintain moderate pressure. Working time is 2'45" at 23°C.

6A. Tack cure by waving the light guide of a curing light over the excess cement for 1 second until it reaches a rubbery consistency.

6B. Keep moderate pressure until it reaches a solid rubbery consistency.

7. Remove excess cement while maintaining moderate pressure.

8A. While maintaining moderate pressure, light cure all surfaces / margins.

8B. Let the material set for 4 minutes in case restoration does not let the light to pass through.

Irradiation time

<table>
<thead>
<tr>
<th>Light Source</th>
<th>Time (seconds)</th>
</tr>
</thead>
<tbody>
<tr>
<td>High power LED (more than 1200 mW/cm²)</td>
<td>10 seconds</td>
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</tr>
</tbody>
</table>

Consult Instructions for Use

Find the step-by-steps for all your cementations on GC Luting Guide